

# Help support Invisible Disabilities Week

## Oct. 14-20, 2018



As the Commonwealth's largest employer, we strive to celebrate the diversity reflected within our workforce. We believe diversity complements our organizational values of teamwork, leadership, and service. Every day, we work toward ensuring our workplaces, and the people within them, demonstrate respect for all people and ideas. More specifically, the Personnel Cabinet wishes to magnify these principles by bringing awareness of illnesses, disorders, and impairments that can be considered invisible disabilities.

What is an invisible disability? In simple terms, an invisible disability is a physical, mental or neurological condition that is invisible to the onlooker, but that limits a person's movements, senses, or activities. Because these symptoms are often indistinguishable to the naked eye, false perceptions and judgements can occur.

We talked with one of our very own, Ms. Tracy Adams of the Kentucky Deferred Compensation Authority, along with her daughter, about the ways invisible disabilities affect their lives.



**In solidarity with Tracy, her daughter, and all those who live or support those with an invisible disability, we invite you to wear blue this Thursday, October 18, 2018.**

Visit [www.invisibledisabilitiesweek.org](http://www.invisibledisabilitiesweek.org) for more information and additional resources.

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